



**STRABISMUS AND PEDIATRIC
OPHTHALMOLOGICAL SOCIETY OF INDIA**
(REGISTERED AS STRABISMOLOGICAL
SOCIETY OF INDIA)

12TH MIDTERM SPOCON 2025



JUNE 8th 2025



**HOTEL TAJ
COCHIN INTERNATIONAL AIRPORT
KERALA**

In Collaboration With



LITTLE FLOWER HOSPITAL AND RESEARCH CENTRE, ANGAMALY, KERALA
under the aegis of Kerala Society of Ophthalmic Surgeons (KSOS) &
Cochin Ophthalmic Club (COC)

FROM SPOSI SECRETARIAT

SECRETARY'S MESSAGE

Dear Members,

Cochin also known as Kochi/ Ernakulam is very aptly called the 'Queen of the Arabian Sea'. Its rich history is steeped with maritime trade and conquest attracting voyagers and traders from across the globe for many centuries. The land that attracted travelers from across the globe for a millennium and witnessed colonial rule from the Portuguese, Dutch and British, beckons you.

On behalf of the Executive committee of the Strabismological Society of India, I take this opportunity to extend a warm invitation to all of you to attend the 12th mid-term SPOSI CON being held on 7th and 8th June 2025 at Hotel Taj, Cochin, International Airport, Kochi. This conference is being organised by Little Flower Institute of Ophthalmology in collaboration with Kerala Society of Ophthalmic Surgeons and Cochin Ophthalmic club. The Local Organizing Committee under the able stewardship of our distinguished Vice President, Dr. Elizabeth Joseph is leaving no stone unturned to render it a memorable event.

The conference, in the backdrop of a port city of tremendous historical significance, offers a unique opportunity for one-to-one academic interaction and exchange of views and opinions with distinguished national faculty in the specialty of Strabismus and Pediatric Ophthalmology. A rich scientific feast awaits you. The event will also offer a unique opportunity to interact socially, to relish exotic local cuisines and for a breath-taking memorable sightseeing experience along the Arabian sea coastline.

To avoid last minute rush for travel and accommodation, kindly plan your itinerary in advance. You are also requested to register early to help the LOC plan the event better. In the event of any difficulty, kindly don't hesitate to contact me or the LOC under the dynamic stewardship of Dr. Elizabeth Joseph.

Look forward to meeting you at Cochin next month.

Warm regards and best wishes,

Dr. Pramod K. Pandey,

Secretary,

Strabismological Society of India

New Delhi

20.5.25

NATIONAL OFFICE BEARERS SPOSI 2025



Prof Yogesh Shukla
President



Prof Pramod Pandey
Secretary



Prof Urmil Chawla
President Elect



Dr Elizabeth Joseph
Vice President



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TWELVETH MID- TERM STRABISMUS AND PEDIATRIC OPHTHALMOLOGY SOCIETY OF INDIA, CONFERENCE

COCHIN -7th & 8th JUNE 2025

PRE- CONFERENCE

Saturday 7th June 2025, 2 PM to 6 PM

Venue

Little Flower Hospital and Research Centre, Angamaly, Cochin

PRE -CONFERENCE PROGRAM

1.30-2 PM -Registration

Welcome address by Dr. Elizabeth Joseph

- 1.Extraocular muscles; A window to strabismus- Dr Yogesh Shukla**
- 2. Practical tips and tricks to manage amblyopia- Dr P Deshpande**
- 3. Orthoptek: uses in strabismus- Dr Santhan Gopal**
- 4. Motor Evaluation of strabismus- Dr Sowmya R**
- 5. Sensory Evaluation of strabismus- Dr Sahana S**

LIVE STATIONS

- 1. Low vision aids**
- 2. Prosthesis in children**
- 3. Contact lenses in children**
- 4. BYNOCS, Orthoptek & Paediatric Vision Screener (Plusoptix)**
- 5. Myopia control glasses**

CONFERENCE

Sunday 8th June 2025

Venue

Hotel Taj Cochin International Airport, Cochin

SESSION 1: 8 AM-9 AM; FREE PAPERS; COMPETITIVE (6 MINUTES EACH)

CHAIRPERSONS-Dr. Urmil Chawla, Dr. Leila Mohan,

Dr. Shreya Shah Dr. Varsha Pande, Dr. Satish Thomas

- 1. Brighter Vision Straight Eyes- LASIK Breakthrough in accommodative esotropia - Dr. Anjitha BS**
- 2. Acute Comitant Esotropia; Insights into diagnosis, , treatment and results - Dr. Vishnupriya Soman**
- 3. Comparison of knowledge, attitudes and practice of strabismus among care givers of children
- Dr. Sowmya R.**
- 4. Clinical manifestations of and management of strabismus in patients after orbital fractures
- Dr. Ranjini H**
- 5. Predictors and prognosticators of consecutive esotropia after undergoing intermittent
exotropia surgery - Dr. Namitha Nair**
- 6. Myopia control with highly aspherical lenslet targets (HALT) and cylindrical annular
refractive elements (CARE)Lenses - Dr. Neena R**
- 7. Ocular fire cracker injuries in children during the Vishu Festival; A case series from a
tertiary care eye center - Dr. Lima V**
- 8. PHPV, the commonest cause for unilateral cataract with microphthalmia - Dr. Leila Mohan**
- 9. Assessing the efficacy of online Vision therapy (Revital Vision) in amblyopia, a data driven study
- Dr. Namitha Nair**
- 10. Aberrant regeneration of 3rd nerve; managing ptosis and strabismus in one shot - Dr. Leila Mohan**

SESSION 2 : 9AM- 10AM; INTERESTING CASES & VIDEOS; COMPETITIVE (6 MINUTES EACH)

Chairpersons- Dr. Shubhangi Bhawe, Dr. Raman Venugandula, Dr. Sowmya R,
Dr. Anupam, Dr. Bhawna Khurana

1. Nystagmus - **Dr. Sandeep Anand**
2. Not every patient needs a scalpel; Some times it needs a scan -**Dr. Trisha Yadav**
3. Hang back and semi Hang back muscle recession technique for large angle exotropia
- **Dr. Sandeep Anand**
4. When abnormal head posture tells a deeper story - **Dr. Trisha Yadav**
5. False positive acetyl choline receptor antibody in a 11 year old boy with Noonan Syndrome;
A diagnostic Challenge - **Dr. Anjali Prabhakar**

Videos

6. Tale of slow slips and late drifts - **Dr. Neena R**
7. Posterior capsular surprises in pediatric cataract surgery - **Dr. Neena R**
8. Band Technique for capsulorhexis in traumatic cataracts - **Dr. Leila Mohan**
9. Iris Troubles - **Dr. Meena CK**

SESSION 3 :10AM- 11 AM; STRABISMUS BASICS (8 MINUTES EACH)

Chairpersons- Dr. P. Deshpande, Dr. Satish Thomas, Dr. Abha Kannade

1. Amblyopia; Mimickers and Masquerades - **Dr. Neena R**
2. Laser Vision Correction involving strabismus - **Dr. Raman Venugandula**
3. Conventional versus Recent Practices in Amblyopia - **Dr. Ragini Hariraj**
4. Vision Budding; Patented Innovation in Amblyopia Cure - **Dr. P. Deshpande**
5. Abnormal head posture; Case based presentation, causes, evaluation and treatment - **Dr. S. Thomas**
6. Am I missing something in ocular examination - **Dr. Varsha Pande**
7. Orthoptek, Principle and applications - **Dr. Santhan Gopal**

SESSION 4 : 11AM- 12 NOON; STRABISMUS, NUTS & BOLTS (8 MINUTES EACH)

Chairpersons - Dr. Yogesh Shukla, Dr. Urmil Chawla, Dr. Anupam

1. Strabismus surgery to be performed at the earliest to prevent amblyopia - **Dr. P. Deshpande**
2. Intermittent exotropia, Basics - **Dr. Abha Kannade**
3. Management Enigmas of Intermittent Exotropia - **Dr. Yogesh Shukla**
4. Essentials of Infantile Esotropia - **Dr. Urmil Chawla**
5. Nystagmus in children- Assessment and interventions - **Dr. Elizabeth Joseph**
6. Straight eyes after restrictive strabismus surgery - **Dr. Shubhangi Bhawe**
7. Duane's Retraction Syndrome; Diagnosis and Management - **Dr. Shreya Shah**

SESSION 5 : 12 NOON – 1 PM; PEDIATRIC OPHTHALMOLOGY (10 MINUTES EACH)

Chairpersons - Dr. Elizabeth Joseph, Dr. Leila Mohan, Dr. Parag Shah, Dr. Divya Balakrishnan

1. Peeking into pediatric retina; Early clues, life long impact - **Dr. Divya Balakrishnan**
2. Recent advances in the management of Retinoblastoma - **Dr. Parag Shah**
3. Optimising visual outcomes in pediatric uveitis - **Dr. Natasha Radhakrishnan**
4. Challenges in Pediatric Keratoplasty - **Dr. Revathi Rajaraman**
5. Pediatric Keratoconus; Early detection, progression and treatment - **Dr. Aneeta Jabbar**
6. Pediatric Glaucoma - **Dr. Meenakshi Yadav Dhar**

1 PM – 2 PM: INAUGURATION AND LUNCH

SESSION 6 : 2-3 PM; COMPLEX STRABISMUS (8 MINUTES EACH)

Chairpersons- Dr. P. K. Pandey, Dr. Shreya Shah, Dr. Meenakshi Yadav Dhar

- 1. Second chance; Strategies for strabismus surgery - Dr. Shubhangi Bhawe**
- 2. Surgeries in nystagmus for face turn - Dr. Satish Thomas**
- 3. Strengthening the reversible way - Dr. Sowmya R.**
- 4. Slipped muscle and consecutive deviation; A case- based discussion - Dr. Elizabeth Joseph**
- 5. Horizontal Gaze Palsy with Progressive Scoliosis; An enigmatic entity - Dr. P. K. Pandey**
- 6. Long term impact of SO nasal tenotomy on ocular torsion - Dr. Anupam**
- 7. Squint Re-surgeries; How to get it right the second time - Dr. Bhawna Khurana**
- 8. Dilemmas in management of third nerve palsy - Dr. Leila Mohan**

SESSION 7 : E- POSTERS (COMPETITIVE)

**Chairpersons – Dr. Santhan Gopal, Dr. Raman Venugandula, Dr. Sowmya R,
Dr. Ragini Hariraj, Dr. Natasha Radhakrishnan**

- 1. Surgical Management of eye lid plexiform neurofibromas in Pediatric Patients
- Dr. Anna Kurien**
- 2. When the obtruder visits early - Dr. Nimmy Kurien**
- 3. Dichoptic therapy in amblyopia management: An analysis of therapeutic outcomes
and drawbacks - Dr. Neenet Jose**

VALEDICTORY FUNCTION



TOURIST ATTRACTIONS



**Fort Kochi Beach
& Vasco da Gama Square**
44 km from venue



Guruvayur Temple
75 km from venue



Athirappilly Water Falls
40 km from venue



Adhi Sankara Janmasthanam Kalady
5 km from venue



Cherai Beach, Kochi
31 km from venue

FOR TRAVEL ASSISTANCE CONTACT

"THE TRAVEL LOUNGE"

Mr. SUJITH KUMAR M, Ph.No: **7034 31 1115, 9495 62 3879**



ACCOMMODATION

Hotels near by:

1. TAJ COCHIN INTERNATIONAL AIRPORT ★★★★★
PH: 0484 229 9000 (0 km from venue)
2. COURTYARD BY MARRIOTT COCHIN AIRPORT
PH: 0484 669 3333 (100 m from venue) ★★★★★
3. PORT MUZIRIS, A TRIBUTE PORTFOLIO, HOTEL, COCHIN
PH: 0484 719 3333 (200 m from venue) ★★★★★
4. FLORA AIRPORT HOTEL ★★★★★★
PH: 0484 240 4444 (200 m from venue)
5. PRESIDENCY AIRPORT HOTEL ★★★★★★
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6. NOAH SKY SUITES ★★★★★★
PH: 0484 299 0999 (1 km from venue)
7. HOTEL AIRLINK CASTLE ★★★★★★
PH: 0484 247 6666 (1.5 km from venue)
8. HOTEL ELITE PALAZZO ★★★★★★
PH: 0484 245 2191 (4.5 km from venue)



JUNE 8th 2025
HOTEL TAJ
COCHIN INTERNATIONAL
AIRPORT, KERALA



REGISTRATION DETAILS

CATEGORY	TILL MAY 31 st	SPOT
DELEGATE	2500/-	3500/-
PG/FELLOW	1000/-	2000/-

(APPLIED FOR KSMC POINT)

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ENTER YOUR NAME IN
PAYMENT NOTE
AND SEND SCREENSHOT TO

Dr. ARUNLAL J S

☎ **9400 6464 39**

✳ **Pre-Conference registration free but mandatory**

For queries contact: 9447 3092 77 (Dr. ELIZABETH JOSEPH)